

Living the Metea LIFE: October PBIS Lesson

Exploring the Issue of Bullying in our School Community

- **Expectation:** To present students with the many ways bullying manifests itself in daily life and to give students a chance to share their experiences thus far at MVHS through the use of a short survey and discussion. We want to focus our efforts on helping students make positive choices and also understand that there are many adults in the building they can go to for support.
- **Making Connections:** We encourage everyone to see how they can explore the subject of bullying in their daily lesson on this day or that you come back to this focus sometime in the course of the next month. Students will truly recognize our efforts if we all showcase this issue across the disciplines.
- **Time:** 30 minutes
- **Activity:**
 - **Preview on Monday:** Introduce the theme of “Bullying” for the October PBIS lesson. Presenting the topic on Monday will prepare students for what will be expected during our new format of an extended first hour.
 - PA announcement from Principal Schmid(2 minutes): This will start the session allowing for him to share the results of our quarter school-wide goal for tardies. As well, he will set up the activity by saying a few words about bullying and our school culture.
 - Film (15 minutes): go to the MVHS splash page and visit the PBIS section listed under the “miscellaneous” section. This is located on the bottom right hand side of the page. Show the film on bullying to the class.
 - Short Survey (2-4 minutes): Pass out the short survey and scoring card to students while the film is still running. When the film is over, have students complete the survey. Please let students

know that their answers are anonymous and names are not needed. Collect the survey materials

- Class discussion (6-8): Use the questions on the handout to help guide a short class discussion.
 - Focus: Encourage the class to talk about the people in the school they feel they can go to for support when experiencing problems at school.
 - Closing/Extend: Have the class come up with ways the school could work on eliminating bullying at MVHS.
- Survey Collection: Please return all survey materials to either HouseOffice.

March PBIS Lesson:

Exploring Student Questions over the Handbook with Principal Schmid

- **Expectation:** To continue to build a firm understanding of the school policies and values as presented in the student handbook. Students will have the opportunity to hear some of their questions answered by Principal Schmid after last month's presentation over the student handbook. Students will also have the opportunity to view a trailer that will outline the video competition for April's PBIS lesson.
- **Time:** 30 minutes
- **Activity:**
 - **Introduction:** Let your class know that this month's lesson is centered on responding to student questions and concerns about school policies. They will be viewing a filmed interview with Principal Schmid.
 - **Ice Breaker** (2-3 minutes): Ask your class *"Why do you think the school administration felt the need to address student questions on school policies?"*
 - **View Film** (18 minutes): Go to the MVHS splash page and visit the **weekly schedule box** to find the film. Show the film on the handbook to the class.
 - **Close** (2-4 minutes):
 - Give students some time to share their views on the questions that were presented to Principal Schmid.
 - Help students to brainstorm ideas they could share in their own PBIS video. See if students understand what the mission principle "Expect Equity and Excellence for All" means.

- **Have any of your friends been bullied or harassed at MVHS?** Yes No
- **Have you ever been bullied or harassed at MVHS?** Yes No
- **Is there an adult in the building you would go to for support?** Yes No
- **Have you ever bullied a peer here at MVHS?** Yes No

- **Have any of your friends been bullied or harassed at MVHS?** Yes No
- **Have you ever been bullied or harassed at MVHS?** Yes No
- **Is there an adult in the building you would go to for support?** Yes No
- **Have you ever bullied a peer here at MVHS?** Yes No

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- **Have you ever bullied a peer here at MVHS?** Yes No

Please fill in your ID number on the answer sheet. DO NOT write your name on the answer sheet.

*Please respond on your answer sheet to the following statements by rating your agreement with each statement. Record your agreement on a scale of 1 – 7 with 1 being **strongly agree** and a 7 being **strongly disagree**.*

1. I have observed students who have been harassed or bullied by another student at Metea.

Strongly Agree

Strongly Disagree

1 (a) 2(b) 3(c) 4(d) 5(e) 6(f) 7(g)

2. I believe there is an adult at Metea that I could go to if I was harassed or bullied.

Strongly Agree

Strongly Disagree

1 (a) 2(b) 3(c) 4(d) 5(e) 6(f) 7(g)

3. I have been harassed or bullied by another student at Metea.

Strongly Agree

Strongly Disagree

1 (a) 2(b) 3(c) 4(d) 5(e) 6(f) 7(g)

4. I think some of my actions may have been taken by another student as harassment or bullying.

Strongly Agree

Strongly Disagree

1 (a) 2(b) 3(c) 4(d) 5(e) 6(f) 7(g)

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